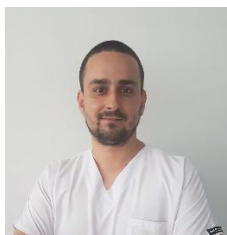


Personal information



Maiorescu Mircea Tudor
 📍 Slătioarei Street, no 13, municipality Suceava (Romania)
 📞 0748666199
 ✉ mmirceaa90@gmail.com

Date of birth 04/03/1990

Professional Experience

- June 2021 - present **Clinical Psychologist**
 Individual Psychology Office Maiorescu Mircea Tudor
 Street Aurel Vlaicu, no. 67, municipality Suceava, Romania
 Phone - 0748666119
- Oct 2019 – present **Clinical Psychologist**
 County Emergency Clinical Hospital “Sfântul Ioan cel Nou” Suceava, 21 1 Mai
 Boulevard, Suceava, Romania
 Website: spitaluljudeteansuceava.ro | Telephone: +40 230 222 098

Type or sector of activity – Health
- Martie 2013 - prezent **Administrator**
 SC Alfa Lemn SRL
 Street Aurel Vlaicu, no 67, municipality Suceava, Romania
 http://www.alfalemn.ro/, Telefon – 0230 533488

Type or sector of activity - Wholesale of wood materials
- May 2009- March 2013 **Data processing entry operator**
 SC Tehno Util Lemn SRL
 Street Pârâul Repede, no 2, city Gura Humorului, Romania
 Telefon - 0230 533509

Type or sector of activity - Wholesale of wood materials

EDUCATION AND TRAINING

- 26 October– 23 November 2024 Certificate of completion "PSYCHOLOGICAL EXPERTISE OF THE CHILD AND THE FAMILY IN DIVORCE - ONLINE COURSE"
 Doctoral School - Psychology
- November 2023 – prezent Universitatea Pedagogică de Stat "Ion Creangă" Chişinău
 Str. Ion Creangă, nr.1, Chişinău, Moldova
- Ianuarie 2024 – August 2024 Specialization "Psychology for High Performance Sports"
 Barca Inovation Hub, Barcelona, Spain
- Octombrie 2023 – Aprilie 2024 Program specializare "Sport Psychology for Athletes Development"
 Barca Inovation Hub, Barcelona, Spain
- Octombrie 2021 – August 2024 **Training in Adlerian Psychotherapy**
 Association for Adlerian Psychology and Psychotherapy in Romania (APPAR), 89 Polonă Street, Sector 1, Bucharest, Romania
- Octombrie 2021 – Iulie **Master's degree**

- 2023 Spiru Haret University – Faculty of Psychology and Educational Sciences
MSc in Clinical Psychology and Psychological Intervention, 5 Turnului Street, Braşov, Romania
Website: pse-bv.spiruharet.ro/psihologie | Telephone: +40 21 455 1064
- Child relationship management; academic ethics and integrity; foundations of clinical psychology; child psychopathology.
 - Mental health management through group techniques; psychodiagnosis of cognitive and personality dysfunctions.
 - Clinical psychology interventions (humanistic therapies); stress assessment techniques; adult assessment; professional practice.
 - Health psychology; intervention in addictive behaviours; victim psychology; psychosexology; psychotraumatology; psychosomatics.
- April 2022 **Certificate of participation:** “Methods and techniques of assessment and intervention in neurodevelopmental disorders (ASD, SLI, ADHD, ADD) according to DSM-5.”
- November 2021 **Certificate of participation:** „Current issues in clinical psychological assessment of affective disorders (depression and bipolar disorder). Specific drafting of the Psychological Protocol required by the Expert Commission for Persons with Disabilities – Adults.”
- September 2021 **Certificate of participation:** „ Clinical assessment and intervention using projective tests.”
- June 2021 **Certificate of participation:** „Current issues in the clinical psychological assessment of personality disorders according to DSM-5 and ICD-11 criteria.”
- May 2021 **Certificate of participation:** “Tests, methods and techniques used in clinical psychology for the assessment of persons with disabilities (special needs) – Psychotic disorder.”
- April 2021 **Certificate of participation:** “Current issues in clinical psychological assessment of affective disorders (depression and bipolar disorder). Specific drafting of the Psychological Protocol required by the Expert Commission for Persons with Disabilities – Adults.”
- March 2021 **Certificate of participation:** “Current issues in the clinical psychological assessment of intellectual disability. Specific drafting of the psychological examination protocol required by the Expert Commission for Persons with Disabilities – Adults.”
- February 2021 **Certificate of participation:** „Current issues in assessment and drafting of the psychological examination protocol specific to Forensic Psychiatric Medical-Legal Commissions within forensic institutes.”
- January 2021 **Certificate of participation:** „Current issues in Semiotics for Psychologists.”
- October 2020 **Certificate of participation:** „ “Current issues in the clinical psychological assessment of personality disorders according to DSM-5 and ICD-11.”
- July 2020 **Certificate of participation:** „ “Current issues in the clinical psychological assessment of intellectual disability. Specific drafting of the psychological

examination protocol required by the Expert Commission for Persons with Disabilities – Adults.”

October 2012 – July 2014

Master’s degree

Petre Andrei University – Faculty of Psychology and Educational Sciences, 2 Băluşescu Street, Iaşi, Romania
 Website: upa.ro | Telephone: +40 232 210 474

Professional competences acquired

- Job analysis; recruitment and selection; organisational behaviour; leadership; managerial styles.
- Internal and external communication; performance appraisal; HR culture; staff development.
- Stress management; occupational health and safety; strategic HR management; organisational climate; conflict and crisis management; reward management.

October 2009 – July 2012

Bachelor’s degree

Petre Andrei University – Faculty of Psychology and Educational Sciences, 2 Băluşescu Street, Iaşi, Romania
 Website: upa.ro | Telephone: +40 232 210 474

Professional competences acquired

- Work and organisational psychology; vocational counselling; professional deontology and ethics; personnel psychology.
- Statistics; sociology; educational psychology; social psychology; research methods and techniques in psychology.
- Personality psychology and psychodiagnosis; cognitive psychology; developmental psychology; managerial psychology; psychiatry.
- Psychodiagnosis of abilities and intelligence; experimental psychology.

September 2005 – July 2009

Baccalaureate diploma

“Ştefan cel Mare” National College, Suceava, Social Sciences track, 3 Vasile Alecsandri Street, Suceava, Romania
 Website: cnstefancelmare.ro | Telephone: +40 230 551 342

PERSONAL SKILLS

Languages

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C2	C2	C2	C2	C1
Franch	A2	A2	A2	A2	A1

Communication skills

- Clear, structured communication adapted to the audience (clients, parents, colleagues, institutions).
- Active listening, clarification and reframing; ability to ask targeted questions to obtain essential information.
- Strong rapport-building skills and professional empathy, while maintaining clear boundaries and a safe working framework.
- Communicating conclusions and recommendations in an accessible, responsible, solutions-oriented way (psychoeducation).

- Effective communication in multidisciplinary teams: collaboration, negotiation, alignment on objectives, constructive feedback.
- Professional writing: reports, forms, progress notes and official documents, with coherent and precise language.

Occupational skills

- Psychological assessment and psychodiagnosis: administration, scoring and interpretation of assessment instruments; integration of interview, observation and testing data; formulation of conclusions and recommendations.
- Clinical interview/anamnesis: structured collection of relevant information; identification of risk and protective factors; clarification of assessment objectives and client needs.
- Psychological intervention/counselling: goal setting, intervention planning, selection of case-appropriate techniques, progress monitoring and strategy adjustment.
- Professional documentation: psychological reports, assessment sheets, intervention plans and progress notes, using clear, well-argued formulations.
- Professional communication and client relationship: empathic, clear and tailored communication; psychoeducation; responsible feedback of conclusions.
- Interdisciplinary collaboration: effective teamwork with physicians, teachers, coaches and other professionals; coordination of relevant information for coherent intervention planning.
- Ethics, confidentiality and professional conduct: strict compliance with professional standards, management of sensitive data, and maintenance of professional boundaries.
- Time and caseload management: organisation, prioritisation, meeting deadlines, managing multiple tasks/cases in parallel while maintaining deliverable quality.
- Analytical, solution-oriented thinking: critical evaluation of information, evidence-based decisions, rapid identification of applicable solutions in complex contexts.
- Continuous professional development: ongoing updating, participation in training/supervision and integration of good practices into daily work.

Digital skills

- Advanced PC use (file organisation, application configuration, standard troubleshooting).
- Microsoft Office (Word, Excel, PowerPoint) – advanced use.
- Data management and processing (import/export, structuring, cleaning; .docx/.xlsx/.pdf/.csv).
- Google Workspace and collaboration platforms (Drive/Docs/Sheets, Teams/Zoom/Meet).

Driving licence Category B

ADDITIONAL INFORMATION

Additional information

I am a professional focused on continuous development, with a rigorous, ethical and structured approach to my work. I organise tasks efficiently, set clear priorities and maintain high quality standards regardless of complexity. In demanding contexts, I maintain emotional balance and decisional clarity, using analytical thinking and a pragmatic, solutions-focused perspective. I integrate information from multiple sources (observation, interview, assessment instruments, feedback) to formulate coherent and useful conclusions and to plan interventions.

I collaborate effectively in multidisciplinary teams, communicate clearly and adaptively, and take responsibility for confidentiality, professional boundaries and ethical standards. I pay close attention to nuance, relevant details and context, maintaining an empathic yet firm and professional stance. I am characterised by proactivity, openness to learning and improvement, and the ability to turn challenges into opportunities to optimise practice and professional growth.

Publications / Presentations

- National Conference with International Participation – Social Work in the Context of Accelerated Social Changes, Iași, Romania, 20–21 November 2025 (ISSN 3008-6728).

Published paper: “Psychosocial adaptation and social functioning of young people with diabetes – an interdisciplinary synthesis analysis”.

- Conference “Pedagogical research: contemporary requirements and development perspectives”, 2nd edition, Chișinău, Republic of Moldova, 8–9 November 2024 (ISBN 978-9975-48-197-7).

Published paper: “Health promotion and health education in school institutions” (DOI: 10.46727/c.8-9-11-2024.p522-526).

- Annual Scientific Conference of PhD students with international participation “Research, Innovation, Development”, 19 April 2024, Chișinău, Republic of Moldova.

Published paper: “Psycho-emotional components for young people with diabetes and the importance of psychological support”.

- Studia Universitatis Moldaviae, 2024, Issue 5(175) (ISSN 1857-2103; ISSN e 2345-1025).

Published paper: “Psychological and social aspects of the life of young people diagnosed with diabetes” (DOI: 10.59295/sum5(175)2024_28).

- Univers Pedagogic, No. 2(82), 2024 (ISSN 1811-5470).

Published paper: “Psychological dimensions of patients diagnosed with diabetes mellitus”.

- Vector European, No. 1, 2024 (ISSN 2345-2206; ISSN e 2587-358X).

Published paper: “Psycho-emotional components of diabetes in young people and the importance of psychological support”.

- Acta et Commentationes, No. 1(35), 2024 (ISSN 1857-0623; ISSN e 2587-3636).

Published paper: “Psychological management of chronically ill patients”.

- Conference “Psychological assistance in the contemporary stage: realities and perspectives”, 5th edition, Bălți, Republic of Moldova, 25–26 October 2024 (ISBN (pdf) 978-9975-50-344-0).

Published paper: “Health education – the key to success in preventing noncommunicable diseases in young people”.

- National Conference “Research in biomedicine and health: quality, excellence and performance”, Chișinău, Republic of Moldova, 16–18 October 2024 (ISSN 2345-1467).

Published paper: “Psycho-emotional dimensions of type 1 diabetes mellitus in young adulthood”.

- National Symposium with International Participation Kreatikon: Creativity–Training–Performance, 19th edition, Iași, Romania, 28–30 March 2024 (ISSN 2068-1372).

Published paper: “Social challenges of young adults with diabetes: stigma, discrimination and disease management”.

- International Scientific Conference “Science and education: new approaches and perspectives”, Chișinău, Republic of Moldova, 21–22 March 2024, Series 26, Vol. 1 (ISBN 978-9975-46-944-9).

Published paper: “Psychological management of diabetes in young adults – correlating quality of life with affective status”.

- Bucovina Medicală – medical science and culture publication, journal edited by the County Emergency Hospital “Sf. Ioan cel Nou” Suceava (2021).

Published paper: “How our lives changed in 2020 – the experiences of a psychologist in the COVID Emergency Hospital, Suceava”.

- “The Mirror Effect”, Aetiologia Collection, Lumen Publishing House, Iași (2023).

Published chapter: “Narcissism in psychoanalytic solfeggio”.

- Bucovina Medicală – journal edited by the Suceava College of Physicians (2023).

Published paper: “Affective disorder due to diabetes mellitus. Case study”.