



Dr. Nita Sharma Das, Ph.D., ND, P.G.D.H.M., B.Pharm

Researcher | Scientific Speaker | Innovator in Integrative & Regenerative Skin Health |
Medical Writer

📍 Delhi NCR, India

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PROFESSIONAL PROFILE

Dr. Nita Sharma Das is a multidisciplinary researcher, scientific communicator, and educator with over 17 years of experience in pharmaceutical sciences, integrative medicine, phytotherapy, aromatherapy, skin health, and evidence-based wellness research. Her work bridges traditional healing sciences with modern regenerative and translational approaches in healthcare and cosmetic sciences.

She has contributed extensively to scientific literature, educational platforms, and international conferences, with research interests focused on herbal therapeutics, bioactive skincare innovations, women's wellness, phytocosmetics, and regenerative formulations.

RESEARCH & INNOVATION

- Innovator of a **biodegradable substrate-free biofilm mask technology** designed for enhanced transdermal delivery of bio-fermented collagen, peptides, and botanical actives.
- Patent Granted (India) – January 2026
- Associate Incubatee at the Biotechnology Business Incubation ecosystem, Regional Centre for Biotechnology (RCB), Faridabad.

ACADEMIC & PROFESSIONAL EXPERIENCE

- **Faculty Educator & Co-Head, Department of Biocosmetics** – Bio Quantum Academy, Canada
- **Independent Business Development Director (India & Surrounding Regions)** – Dr. M. Emerald & Companies, Canada.
- **Associate Professor** – Lingaya's Vidyapeeth, Faridabad
- **Medical Writer & Scientific Communications Specialist** – International healthcare and wellness platforms
- **Head of Department – Allied Health Sciences** – Institute of Public Health & Hygiene, Delhi

PUBLICATIONS & SCIENTIFIC CONTRIBUTIONS

- Author of two books on herbal medicine and women's wellness.
- Published in national and international journals and wellness platforms including:
 - *The Antiseptic Journal*
 - *World Journal of Pharmaceutical Research*
 - *International Journal of Pharmaceutical and Healthcare Innovation*
 - *News-Medical Life Sciences*
 - *Interalia Magazine*
 - *NourishDoc*

INTERNATIONAL SPEAKING ENGAGEMENTS

Invited speaker and contributor at scientific and wellness conferences in:

- Romania
- United States
- Iran
- Australia

Her presentations focus on phytotherapy, aromatherapy, women's health, integrative dermatology, evidence-based natural medicine, and regenerative cosmetic science.

EDUCATION

- PhD – Alternative Medicine
- Bachelor of Pharmaceutical Sciences
- Doctor of Naturopathy
- PG Diploma – Hospital Administration & Management
- Diploma – Quality Control & ISO 9000

AREAS OF EXPERTISE

Phytotherapy • Aromatherapy • Herbal Medicine • Integrative Dermatology • Cosmeceuticals • Regenerative Skin Health • Scientific Writing • Evidence Synthesis • Women's Wellness • Translational Wellness Research